



new perspective  
**NLP**  
exceptional thinking  
exceptional results

# The NLP Intensive Coaching Practitioner Certification Programme



**“My commitment is to people achieving their goals and making permanent, long lasting change easily and effectively. I believe by learning and using the gift of NLP, we can make a positive difference to individuals, those who surround them and Society itself.”**

**Rod Hahlo**

NLP Trainer and Master Coach



# Neuro Linguistic Programming (NLP)

NLP is the study of success, how to model it to use on yourself and change thinking in others so that you can use it in life and at work. NLP is how to use the language of the mind to consistently achieve our specific and desired outcomes. By using NLP, we can experience change. Change during our personal learning journey, change in our thinking about self, happiness and success to identify and find the best version of ourselves, then help others to do the same.

## Who is this for?

NLP is a necessity for anyone considering coaching or established as a coach working in areas such as Business, Healthcare, Learning, Development, Education, Therapy, Sport and Personal Development. If you want to become a Coach or Life Coach who can change mindsets, behaviours and develop a future on your terms then this is what you need to get there.

Have you reached a stage in your life where you are at a crossroads and you desire more, but not sure where to begin?

Perhaps you have goals and dreams you want to realise and unsure how to make them happen?

Do you want to become empowered in your life and take charge?

Would the relationships in your life improve because you have mastered the art of communication?

You may want to become a life coach, and you're looking for comprehensive training to equip you with all of the skills, knowledge and techniques to help self and others transform their lives?

All of this and so much more is within the gift of learning NLP.

The image shows two women standing in front of a large promotional banner for 'new perspective NLP'. The woman on the left is holding a certificate that reads 'Practitioner of Neuro Linguistic Programming' and is signed by 'Rod Hahlo'. The woman on the right is holding a certificate that reads 'Practitioner of Neuro Linguistic Programming' and is signed by 'Katie Litter-Adams'. The banner behind them features the text 'new perspective NLP think better', 'UNLOCK YOUR POTENTIAL', 'Expert in personal development, a blend of Neuro Linguistic Programming, Coaching and Hypnosis', 'Overcome - Anxiety - Confidence - Removal of - Performance - Low mood', 'I believe passionately in the development of the best in you. Find out how you can NLP Coaching and Hypnosis Rod Hahlo', 'new perspective NLP exceptional thinking exceptional results', and 'Training | Coaching | Hypnosis | Time Line Therapy'.



# NLP, Coach, Hypnotherapy and Time Line Therapy® Techniques.

Learning these skills and techniques aren't solely for the purpose of using them with other people though; you can also use them to help you transform your own life.

Our aim is for you to graduate feeling confident and competent.

## What certifications are covered in this amazing experience?

1. NLP Practitioner
2. Time Line Therapy® Practitioner
3. NLP Coach
4. Hypnosis Practitioner

## The certifications are carried from the following bodies:

The American Board of NLP  
The Time Line Therapy™ Association  
The American Board of Hypnosis  
The Coaching Division of the American Board of NLP

All of the qualifications are recognised internationally by all major professional membership bodies, should you wish to start your own practice as a NLP and/or Time Line Therapy® Coach or Practitioner, as well as being a certified Hypnotherapist.





## Course Breakdown:

There are two parts to this course, pre-study and the course itself.

### Pre-Study:

As soon as you book with a deposit, you will be shipped the following materials to help you make the best possible start to the course in advance.

The pre-study is to ensure you have the background learning to be ready to make the most out of the programme. It is important to factor in some dedicated time for your preparation in advance of the course starting. The more time you spend on the preparation, the more you will get out of the course and feel comfortable with it. Upon receipt of your deposit you will receive a pre-study pack including:

- One of two comprehensive course manuals to support your understanding of the audio training
- Three text books to begin your understanding of the NLP and Time Line Therapy® content
- 20 professionally recorded audio programmes to begin listening to - this material is recorded by Dr Tad James and is designed to introduce you to the content and theory of the techniques in advance of the live Training. These will provide you with the foundation of your NLP knowledge and understanding so as to assist you in achieving your outcomes during the live Training

- An open-book assessment requiring successful completion and submission prior to the live Training
- Feedback and support with areas for your development if required

You will have access to your trainer for support with the pre-study material via email and telephone should you require it. It is our intention that you achieve or exceed your outcomes for the Training, so support is available every step of the way to assist you in doing so.

### Live Training

Every aspect of the programme is layered to enable your learning to build in a unique way. A breakdown of the 8 day programme is:

- 4 Days NLP and Coach Practitioner
- 2 Days Time Line Therapy®
- 2 Days Hypnosis

During the training there are demonstrations every step of the way and you will get to practice on other delegates. This will accelerate your learning from practising the techniques and also your experience of the benefits and transformational change as a client.



## Course Details:

### Foundations and The History of NLP:

Learn about the history of NLP to aid your understanding of the techniques and skills. Understand the language of the mind and the NLP Communication Model to help you make sense of the way you and others think and the world around you. Uncover the amazing mind-body connection, this is linked to healing and creating what you want using your mind.

### Using Rapport in Communication

Find the ability to connect with other people at an unconscious level, making your communication easy and effortless. Practice the art of getting your message across to another person in a way that it is accepted and understood, first time, everytime. Learn how to connect rapidly with others, to build deep trust and engagement. Explore how to recognise cues that let you in on the internal thinking and feelings of other people.

### Amazing Goal Setting

Learn how to create goals in such a way that they are achieved in 4 dimensions! Discover a step-by-step blueprint for making your goals and dreams a reality. Create the future you've dreamed of and develop skills and techniques to help you support others in doing the same.

### The Language of the Mind

Uncover the secrets of the language of the mind. Learn about eye patterns and what they mean to improve your rapport and relationships. Use this information to understand, communicate and influence others and their thinking in life, negotiations in business, motivation in sport and engagement with the message in education for example. Rapidly develop your ability to build deep rapport with others - vital as a coach and in all aspects of business and therapy.

### Submodalities - The Language of The Mind

Understand the amazing way our minds process information and how to use that learning to create results. Create rapid change to remove unwanted habits, behaviours or unhealthy patterns in yours and others lives. Learn how to change limiting beliefs and overcome barriers that get in the way of being our best self.

### Become a master communicator in the art of language

To encourage and embed positive change in others. Become a master communicator using language patterns like Dr Milton Erickson. Use techniques to understand what people are really saying and meaning. Learn sales and negotiation techniques that will enable you to win-win every time along with being able to overcome objections rapidly.

### Being at your best - Anchoring

Explore the use of anchors to create positive, resourceful states in self and others to be in control of how you feel. Learn how to develop new choices and resources to release barriers such as procrastination.

### Parts Integration

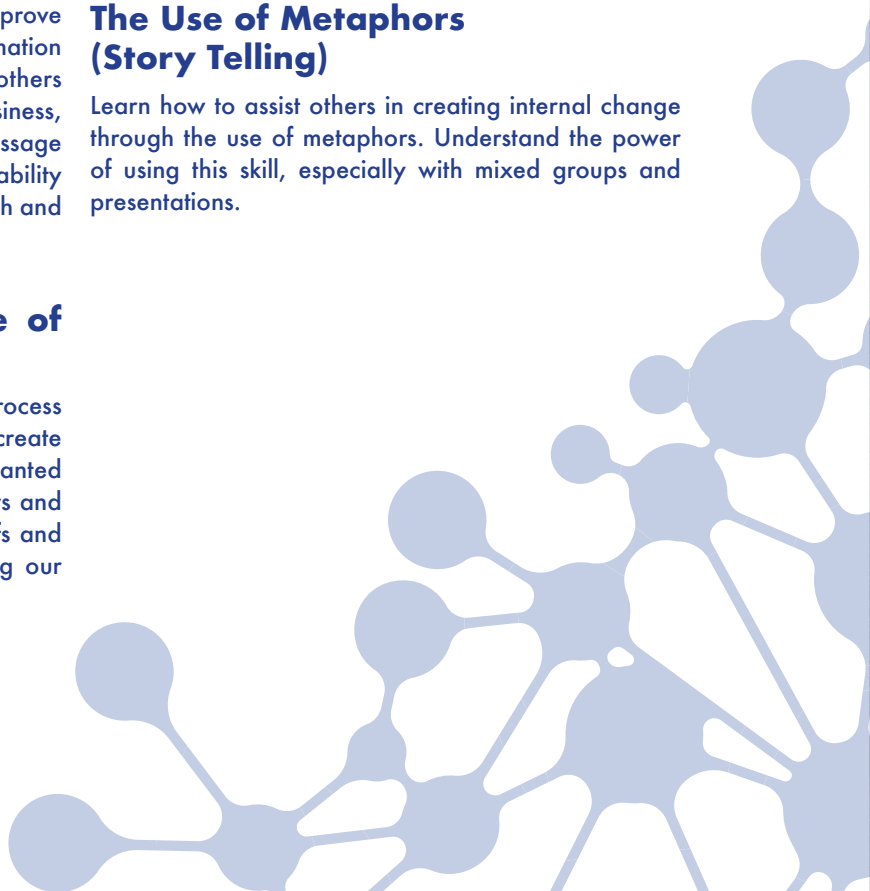
Learn about getting rid of blockages which are causing internal conflict or incongruencies. Find out ways of how to feel more aligned and a wholeness in your life and learn how to achieve this with others.

### Strategies - Patterns of behaviour and how to change them

Explore why we do in what we do. Learn how to develop helpful strategies in order to realise success to overcome unresourceful patterns. Understand ways of motivating people to support you in business such as sales techniques. Learn about ways of attraction, love, learning and other powerful patterns that we run unconsciously to improve your life.

### The Use of Metaphors (Story Telling)

Learn how to assist others in creating internal change through the use of metaphors. Understand the power of using this skill, especially with mixed groups and presentations.





# Time Line Therapy® Practitioner Certification:

There are five major negative emotions; anger, sadness, fear, hurt and guilt through which we can collect as emotional baggage and carry with us throughout life. Time Line Therapy™ is a powerful process which we use to release those negative emotions and get rid of the baggage weighing us down so we can move forwards.

## What you will learn

- How to release negative emotions to remove anxiety, depression, fears and phobias
- How to remove limiting beliefs and decisions which hold us back
- How to use advanced goal setting techniques to realise success



# Hypnosis Practitioner Certification:

Hypnosis is 100% natural, it is an altered state of consciousness where we can make impactful, personal change. Learn this ancient healing art, easily and effortlessly, that's right!

## What you will learn

Building upon your confidence and competence from techniques already integrated from the NLP Practitioner training, you will learn:

- The history of Hypnosis
- The myths and truths of hypnosis
- How to test suggestibility in clients
- Understand different levels of trance
- The Ericksonian approach to Hypnosis
- The power of suggestion
- How to work with a pendulum
- When to use and when not to use Hypnosis, the regulations



# NLP Coaching Practitioner Certification:

Learn to coach clients using NLP and Time line Therapy™ Techniques to help them realise the success they want in life. Achieve an international certification accredited by the Coaching Division of the American Board of Neuro Linguistic Programming (ABNLP), meeting International Coaching Federation (ICF) standards and core competencies.

## What you will learn

- The importance of coaching and the NLP Coaching Cycle
- Understand what coaching is and what it means to be a successful NLP Coach
- Coaching with Neurological Levels (Dilts)
- The different applications of NLP Coaching and well formed questioning
- How to create your coaching state and environment for excellent coaching
- How to give effective feedback
- Find out how other types of intervention differ from NLP Coaching
- Frames for thinking about coaching and assisting clients to achieve successful transformation
- An introduction to the concept of our unconscious values and how they contribute to clients' lives
- Create a coaching agreement



“The only person you are destined to become is the person you decide to be”

Ralph Waldo Emerson



# What can I achieve after successful completion of the NLP Coaching Practitioner Programme

- Improve your career prospects
- Set up a new business as an NLP Coach or alternative therapist
- Improve and develop an existing coaching practice or therapeutic business Develop your existing business
- Offer Business Coaching and Consulting
- Introduce new thinking and skills into your workplace
- Creating innovative training programmes in communication, influencing, selling and negotiating
- Generating new business and ongoing contracts for existing companies
- Work in learning and development using advanced learning techniques
- Creating Weight Management Programmes
- Smoking Cessation
- Phobia and OCD Clinics
- Depression, stress, anxiety, trauma and/or PTSD specialists
- Relationship and communication improvement specialists
- Developing performance programmes for athletes, sales staff, training managers, leaders and senior personnel
- Improving confidence, self-esteem and self-worth
- Creating the life of your dreams

**“It is really amazing what people can do. Only they don’t know what they can do.”**

Milton Erickson



# FAQs

## **What is the purpose of the pre-study?**

The preparation is to ensure you are fully committed to and prepared by the time of the training. Graduates found the preparation enjoyable and boosted their learning significantly.

## **I am a therapist, can I train in Time Line Therapy™ separately?**

You need a NLP Practitioner certification (IANLP or ABNLP) to be able to access Time Line Therapy™ specifically. Please contact for a discussion.

## **Do I have to pay for all of the training at once?**

No - there are payment plans available, please contact for details.

## **When do the courses run?**

Please see the website for details

<https://newperspectivenlp.com/course-list/>

## **What have those who have completed the course gone on to achieve?**

There are so many ways of using NLP, that's what really adds value to the certifications. Please see page 8 for examples of what you can do upon completion. Most students go onto studying NLP at the Master Practitioner level after completion at Practitioner level, this is the next recognised step in NLP development.

## **What is the best way to learn NLP?**

To learn NLP you need to completely immerse yourself in the transformational experience. The course is designed to layer learning from the very first day to the last - if it was split into smaller chunks of for example 2 days, you would lose essential learning and momentum in the gaps between. The NLP Practitioner certification is 4 days in duration and can be completed on its own (excluding preparation) if you were from a business background for example. If you are seeking to coach, offer life coaching or set up a therapy style business, it is essential that you complete all the certifications to gain the necessary techniques and knowledge to work with clients. There is also an NLP online Foundation Diploma consisting of 4 modules lasting up to 8 hours in total. This will give a basic grounding in the concepts of NLP and enable participants to deduct the course fees from the certificated training. If you are interested in this please get in touch.





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“Dare to live the life you have dreamed for yourself. Go forward and make your dreams come true.”

Ralph Waldo Emerson

**Rod Hahlo**

NLP Trainer and Master Coach

Certified ABH and ABNLP Trainer, Trainer of Hypnosis,  
Certified Trainer of Time Line Therapy™

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## Feedback from recent participants

"It's a totally immersive and life changing course"

"If you are ready to take total control of your life then invest in this and you will see a return immediately"

"The learnings, tools and skills gained are multifactoral and can be used for self and others and in many settings"

"Above and beyond traditional coaching, believe me this will add more value to your coaching toolbox that you could ever imagine"

"NLP focusses on truly person centred approaches in whatever forum you choose"

"It's a brilliant course and you will learn so much about language and the mind"



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